

# ACADEMY OF YOGA

present

## CREATION IS ECSTASY Manifestation Through the Chakras



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World-renowned author and lecturer

**Anodea Judith**

April 22 - 25th 2010

**Manifestation** is joyous when you break through the blocks that stand in the way. Ecstasy comes from realizing your goals, whether it's publishing a book, buying a house, taking a vacation, finishing a project, or serving the world. If you feel stuck, you're probably blocked by one of the 9 Obstacles that prevent you from creating what you want in your life.

These three and half days can change all that. We'll teach you tools and techniques to clear the obstacles at each chakra level and catapult you into the world you want. It will set your life on fire, enabling you to create miraculous results for any project or vision you wish to create.



**Anodea Judith**, Ph.D. is the founder and director of Sacred Centers, and a ground breaking thinker, writer, and spiritual teacher. Her passion for the realization of untapped human potential matches her concern for humanity's impending crises — her fervent wish is that we “wake up in time.” She holds Masters and Doctoral degrees in Psychology and Human Health, with lifelong studies of

alternative medicine, yoga, mythology, history, sociology, systems theory, and mystic spirituality. She is considered the country's foremost experts on the combination of chakras and therapeutic issues and on the interpretation of the Chakra System for the Western lifestyle. She spends much of her time on the road teaching, with workshops and training's offered across the US, Europe and Central America.

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